

Why we teach PSHE and RSE at Coton Green Primary School

Personal Social and Health Education Intent:

At Coton Green Primary School, Personal, Social and Health Education (PSHE) enables our children to become healthy, independent and responsible members of a society.

It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Relationships and Sex Education Intent:

Coton Green Primary School understands that children must be provided with an education that prepares them for the opportunities, responsibilities and experiences of adult life. A key part of this relates to relationships and health education, which must be delivered to every primary-aged pupil.

Relationships education focusses on giving pupils the knowledge they need to make informed decisions about their wellbeing, health and relationships, and to build their self-efficacy. Health education focusses on equipping pupils with the knowledge they need to make good decisions about their own health and wellbeing.

Implementation:

At Coton Green Primary School, our PSHE curriculum is strongly linked to our 'Relationships, Sex and Health Education (RSE) policy and our 'Promoting British Values' policy.

Our curriculum takes a thematic approach to primary PSHE education, covering all three core themes of the Programme of Study (Health and Well-being; Relationships; and Living in the Wider World) over the school year. The two-year cycle covers three topics per half term to address the mixed-aged classes. This approach allows different year groups to work on similar themes at the same time, building a spiral programme throughout the phases, whilst offering flexibility in terms of medium term planning.

Impact:

The impact of a good PSHE and RSE education cannot be understated. Quite simply, it forms the preparation for adult life, enabling children to understand and face the challenges, complexities and questions that arise in a diverse world.

Impact can be measured in a variety of ways. At Coton Green, we recognise and celebrate the importance of the child's voice, and their individual experience of PSHE and RSE education. Pupil voice will form the heart of how we measure the impact of our teaching. The skills that children at Coton Green will develop will include, but are not limited to:

- An understanding of their inherent universal rights, and how these rights can and should be protected
- An understanding of our diverse and complex world, and an empathy and respect for the rights of all individuals
- Positive and constructive communication, with highly developed oracy skills
- Resilience and self-regulation, and a keen understanding of their own health and wellbeing, especially supporting their mental and emotional development
- Risk management and balanced decision making, within the context of a changing and challenging world.

Where can I find out more?:

<https://pshe-association.org.uk/>

<https://atlp.org.uk/files/2021/12/ATLP-Primary-Relationships-and-Health-Education-Policy-2021-FINAL.pdf>

<https://cotongreen.staffs.sch.uk/school/promoting-british-values/>

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>

Mrs E. Pursehouse

PSHE and RSE Subject Leader